

## APPENDIX 2

BEST START FOR LIFE						
	Ref	Commitment	Actions	Links to other Plans/Strategies	What does success look like?	Dashboard Indicators
First 1001 Critical Days	A1	We will help families feel confident in managing minor health issues, by making it easier to find trusted advice and local support.	A1.1 We will work with system partners to develop a coordinated approach for supporting families to access the most appropriate health service for their needs, recognising that in many instances this will not be A&E.	Strategic Approach to Food - in development Fit for the Future: 10 Year Health Plan for England LLR ICB 5 Year Plan LCC Strategic Plan Best Start in Life Staying Healthy Partnership Delivery Plan	Sustained reduction in A&E attendances for 0-4 yrs Reduction in maternal obesity Reduction in alcohol related hospital admissions. Reduction in the proportion of caesarean section births. Sustained improvement in the proportion of new birth visits within 14 days. Sustained reduction in hospital admissions of babies under 14 days old. Improvement in the breastfeeding rate. Improvement in vaccination coverage at 1 and 2 years. Improvement in the percentage of children achieving a good level of development at 2-2½ years.	A& E attendances (Under 1 year), (0-4 years) & admissions of (Babies under 14 days) C03a - Obesity in early pregnancy C07 - Proportion of new birth visits completed within 14 days Breast Feeding prevalence 6-8 weeks Caesarean Section % females Population vaccination coverage IPV Hib Hep B (1 year old) & (2 years old) Population vaccination coverage Hepatitis B (1 year old) & (2 years old) Population vaccination coverage Hib & Menc Booster (2 years old) Population vaccination coverage MMR (2 years old) Population vaccination coverage PCV B02a - Child development - percentage of children achieving a good level of development in communication skills, expected level of personal social skills, problem solving skills, fine/gross motor skills at 2 and 2.5 years
	A2	We will support women to find and use local services that will help them understand how to care for their health and wellbeing before and during pregnancy, and after birth.	A2.1 We will work with the Staying Healthy, Safe & Well Partnership in their expansion of a Whole System Approach to Healthy Weight, Food & Nutrition, to ensure that the needs of women before, during and after pregnancy are accounted for.			
	A3	We will support families to find and use local services that will help them understand how to care for their baby's health and support their child's early development.	TBC			
	A4	We will ensure the right health and wellbeing services are available locally and in a joined-up way, so families can get the support they need, when they need it.	A4.1 We will contribute towards an LLR workshop to understand and identify actions we can take to reduce infant mortality rates.			
School Readiness	B1	We will help families to build the foundations for school readiness, emotional wellbeing and good health by making it easier to find trusted advice and local support.	B1.1 We will work in partnership to develop, and deliver, a Best Start in Life Plan to ensure more children achieve a Good Level of Development by age 5 years.	Strategic Approach to Food - in development Fit for the Future: 10 Year Health Plan for England LLR ICB 5 Year Plan LCC Strategic Plan Best Start in Life Leicestershire & Rutland Sexual Health Strategic Plan - in development	Sustained improvement in the percentage of children achieving a good level of development at the end of reception	School readiness percentage of children achieving a good level of development at the end of reception Reception prevalence of overweight (including obesity) & underweight C10 - percentage of physically inactive children and young people Year 6 prevalence of overweight (including obesity) and underweight
	B2	We will support families to find and use local services to support healthy development and wellbeing.	B2.1 We will work with the Staying Healthy, Safe & Well Partnership in their expansion of a Whole System Approach to Healthy Weight, Food & Nutrition, to ensure that the needs of children and young people are accounted for.			
	B3	We will ensure the right health and wellbeing services are available locally and in a joined-up way, so families can get the support they need, when they need it.	TBC			
Preparing for Life	C1	We will help young people (with support from their families, carers and professionals) to take charge of their own health and wellbeing, by giving them the confidence, knowledge and encouragement to make healthy choices, look after their own health and wellbeing and support life-long health and resilience.	C1.1 We will work with young people, families and professionals to improve uptake of immunisations and boosters, supporting life-long health & resilience.	Strategic Approach to Food - in development Fit for the Future: 10 Year Health Plan for England LLR ICB 5 Year Plan LCC Strategic Plan Best Start in Life Leicestershire & Rutland Sexual Health Strategic Plan - in development Staying Healthy Partnership Delivery Plan	Improvement in the uptake of HPV vaccination in males and females Sustained reduction in hospital admissions due to substance use. Improvement in levels of chlamydia testing. Reduction in teenage pregnancies Increased proportion of young people successfully transitioning from children's to adult health & wellbeing services.	D04e - population vaccination coverage HPV vaccination (Males & Females) Hospital Admission due to Substance use Chlamydia detection rate per 100,000 Health transitioning data
	C2	We will work together with young people, families, schools and other professionals to make sure young people can find and use local health and wellbeing services to meet their needs.	C2.1 We will develop and deliver substance use prevention and brief intervention pathways for stakeholders working with young people, as well as a training programme for the public, young people and their parents.			
	C3	We will ensure the right health and wellbeing services are available locally and in a joined-up way, so young people can get the support they need, when they need it, particularly as they move into adulthood. These services will support all young people, including those with disabilities, to stay healthy, build resilience, and feel part of their community.	C3.1 We will work to review and improve Chlamydia detection rates, including by ensuring appropriate screens are taking place.			

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